



## Five Races Series

### REGISTRATION AND INFORMATION FORM

There are five races in the Pocono Xterra Series. Runners accumulate points towards qualification for the Xterra Trail Running Championships.

Athletes may register for all five races before May 5, 2012 for \$100.

Or you can register for one race at a time

The cost for the shorter races is \$20/race by mail or \$25 at the event.

The half marathon Xduro is \$50/mail or \$55 at the event.

Proceeds go to support foster care and adoption in northeastern and central Pennsylvania.

Mail Registration to:

Wilkes Barre Racing, P.O. Box 2487 Wilkes Barre, PA 18702

Make Checks Payable to: Wilkes Barre Racing, Inc.

visit [www.wilkesbarreracing.com](http://www.wilkesbarreracing.com) for complete course descriptions and more information about Xterra



You know when it's real.

NEPA CrossFit



Elite Fitness For Everyday People



# XTERRA POCONO REGISTRATION

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

\_\_\_\_\_

**PHONE#:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

\_\_\_\_\_ **MALE**      \_\_\_\_\_ **FEMALE**      **AGE** \_\_\_\_\_

\_\_\_\_\_ **all five races (\$100 before May 5, 2011)**

\_\_\_\_\_ **half marathon (\$50 by mail, \$55 at the event)**

\_\_\_\_\_ **(\$20 by mail/\$25 at the event)**

**Name of Race You Plan to Run**

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"If necessary, I hereby authorize the above-named runner to be treated by any qualified licensed medical personnel."  
"I know that running on trails is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effect of weather including heat and/or humidity, traffic and the conditions of the trails – no matter how difficult, all such risks being appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers, property owners, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver"

**SIGNATURE:** \_\_\_\_\_

**If under 18, a signature of a parent or guardian is required prior to participation.**

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Checks payable to Wilkes Barre Racing, Inc.**